



# Visuals for Communication and Independence

for parents and carers of children and young people aged 3-19

**Date:** Thursday 23rd October 2025

**Time:** 9.30-11.30

**Location:** Kentmere Primary, Kentmere Avenue, Smallbridge, Rochdale OL12 9EE

## What to expect?

A short, practical course where you will come away with the tools you need to get visuals working for your family. You will also have the opportunity to meet and talk with other parents or carers.

## How to book:

Should you wish to book a place on a workshop, please email [hmr-ndhub@nca.nhs.uk](mailto:hmr-ndhub@nca.nhs.uk) or call **0161 206 0606**.

Please include your child's name and date of birth in the email.

**Please note – it is not appropriate to bring children to the session as there are no childcare facilities available.**

## Workshops

**We also offer the following workshops for parents and carers.**

- *Tools for Emotional Regulation*
- *Sensory Processing and Anxiety*
- *Personal Care from a Sensory Perspective*
- *Proprioception / vestibular practical workshop*
- *Managing Anger and Meltdowns*
- *Communication and Play*