



Healey Primary School

Physical Education

Intent

Our intent at Healey Primary School aims to develop a high-quality Physical Education curriculum that is inclusive of all pupils. We aim to inspire all pupils to succeed and excel in their individual ability, competitive sports and to also develop a healthy lifelong interest and participation in physical education. This includes their Mental Health and Well-Being, ensuring a healthy balanced lifestyle.

We aim to provide a range of opportunities for pupils to develop the skills to stay active, have the ability to learn, be a part of leadership and team games. This includes both inter and intra games.

Implementation

How PE is taught at Healey Primary School:

Pupils at Healey Primary School participate in twice weekly, high quality PE and sporting activities. Our PE programme includes a variety of sports to ensure all children develop the confidence, growth mind-set and resilience needed in order to understand their own strengths and those of others, creating team building experiences and competitive sports that are at the appropriate level, allowing progression and challenge. We provide opportunities for all children to engage in extra-curricular activities before, during and after school, in addition to competitive sporting events. We are a part of the **RBGSP** and **The Pennine Collaborative** this allows us to offer a range of sports, some pupils may have not accessed before, but hold a keen interest.

At the start of the year we carry out a Pupil's Voice, asking the pupils what they would like to see as part of their PE programme. We then make sure that these are met either through the PE Curriculum or extra-curricular activities the children can access. We have experienced teachers and also work with Edstart (Sports Coaching) and other qualified practitioners that support our programme. We also ensure that teaching staff are able to access further training in areas highlighted at the start of each year.

We also take part in the Daily Mile and movements break in class to help pupils with their concentration and focus, maintaining a healthy mind-set.

Impact

Our aim is to improve children's physical and mental health. Pupils throughout school (Reception-Year 6) will have a bank of skills that can be transferred across each year group as they transition and learn new sports.

To achieve the most impact, it will be delivered through lessons, competitions and Before and After School Clubs, reinforcing the importance of commitment and dedication to sport. Pupils will thus develop self-discipline, ownership and responsibility for their own well-being.