

EYFS

AUTUMN 1

Storybook Sports  
Moving—Fundamental  
Skills (Body control)

AUTUMN 2

Gymnastics  
Moving—Fundamental Movement  
Skills (locomotor skills)

SPRING 1

Playing—Fundamental  
Movement Skills  
(Object Control)  
Moving -  
Movement to Music

SPRING 2

Playing—Intro to  
games  
Animal Boogie Yoga

SUMMER 1

Moving—Intro to Racket skills  
Competing—Fundamental  
Movement Skills (Object control)

SUMMER 2

Competing—Intro to  
games  
Moving—Sports Day  
Events

Year 1

SUMMER 2

Playing—Intro to Striking  
and Fielding  
Competing  
Sports Day Events

SUMMER 1

Playing -Fundamental skills  
(object control)  
Competing—Intro to Games

SPRING 2

Playing—Intro to  
racket skills  
Intro to Yoga

SPRING 1

Jungle Yoga  
Movement to Music

AUTUMN 2

Gymnastics  
Moving—Fundamental  
Skills (Locomotor skills)

AUTUMN 1

Playing—Intro to games  
Moving—Fundamental  
Skills (Body control)

Year 2

AUTUMN 1

Intro to Games  
Moving—Fundamental  
Movement Skills (Body Control)

AUTUMN 2

Moving—Gymnastics  
Moving—Movement  
to Music

SPRING 1

Moving—Movement to music  
Jungle Yoga

SPRING 2

Playing—Fundamental  
movement skills  
Intro to Racket Skills

SUMMER 1

Playing—Intro to striking and  
fielding  
Competing—Fundamental  
Skills

SUMMER 2

JagTag for beginners  
Competing Sports Day  
Events

Year 3

SUMMER 2

Intro to JagTag  
Competing—  
Intro to Athletics

SUMMER 1

Competing—Intro to Invasion  
Games (Basketball & Football)  
Playing-  
Intro to Striking and Fielding

SPRING 2

Competing—Intro to Net  
and Wall Games  
Yoga

SPRING 1

Playing—Intro to Net  
& Wall games  
Intro to Yoga

AUTUMN 2

Moving Intro to  
Gymnastics  
Intro to Dance

AUTUMN 1

Intro to Target Games (playing)  
Intro to Invasion Games  
(Hockey & Tag-Rugby)

Year 4

AUTUMN 1

Playing—Development of Invasion  
Games (Hockey & Tag Rugby)  
Development of Target Games

AUTUMN 2

Development of  
Gymnastics  
Development of Yoga

SPRING 1

Development of Dance  
Playing—Development  
of Net & Wall games

SPRING 2

Competing—Development of Net  
& Wall games  
Playing—  
Intro to Striking and Fielding

SUMMER 1

Competing—  
Intro to Striking and Fielding  
Development of Invasion Games  
(Basketball & Football)

SUMMER 2

Development of JagTag  
Competing Edstart  
Intro to Athletics

Year 5

SUMMER 2

Competing—JagTag  
Competing Edstart  
Athletics

SUMMER 1

Cricket  
Rounders

SPRING 2

Lacrosse  
Badminton

SPRING 1

Dance  
Dodgeball

AUTUMN 2

Gymnastics  
Target Games

AUTUMN 1

Competing—  
Tag Rugby  
Competing—Basketball

Year 6

AUTUMN 1

Netball  
Handball

AUTUMN 2

Gymnastics  
Target Games

SPRING 1

Dance  
Dodgeball

SPRING 2

Tennis  
Hockey

SUMMER 1

Cricket  
Rounders

SUMMER 2

JagTag  
Athletics

Complete  
Edstart